

Procedure/Guidelines for Students willing to come back to Institute

STEP 1: Post Arrival

- a) **The students should undergo an RTPCR test 48 hours prior to the commencing the journey to the campus and should produce the COVID negative certificate at the time of entering.**
- b) BSMS students who wish to return to the institute should pay the prescribed fees as follows through SB collect:
- (i) Those who have taken at least one dose of COVID vaccine - Rs. 2000/-
 - (ii) Those who have not taken the COVID vaccine - Rs 3000/-
 - (iii) Those who are not vaccinated and cannot be get vaccinated due to recent COVID infection/other medical restrictions - Rs.2000/-
- (Please follow the following procedure for the online payment of quarantine Charges. Goto: (<https://www.onlinesbi.com/sbcollect/icollecthome.htm>.) SELECT STATE-KERALA, SELECT TYPE OF INSTITUTE – EDUCATIONAL INSTITUTIONS, CLICK ON GO, DROP DOWN-PICKUP IISER THIRUVANANTHAPURAM, SUBMIT, THEN SELECT PAYMENT CATEGORY-OTHERS AND THEN PROCEED. For further clarification on payment if any, may please contact Deputy Registrar (F&A)-by mail drfa@iisertvm.ac.in / 0471-2778011.)
- (c) Students can enter the campus only upon getting confirmation through e-mail from the Institute.
- (d) All the Students should undergo compulsory quarantine in the Institute Transit hostel for 7 days. Post quarantine, students will be assigned regular hostel rooms with double/single occupancy as per the existing guidelines.**
- (e) All the Students are highly encouraged to install Aarogya Sethu app in their smartphones before they start from their home places.
- (f) It is advised to use only private/own transport to reach campus and avoid public transport as far as possible especially from Airport/Railway station/Bus stand to the campus.
- (g) It is advised to bring your own water bottle/thermal flasks for hot water/coffee/your own plate and cup etc for collecting food during the quarantine time. Students can also bring dry foods, biscuits etc.
- (h) After the arrival at the main gate, Students will not be allowed to take their luggage from their previously allotted hostel rooms and hence all the Students are required to bring their own bed sheets, face masks, air pillows, towels, clothes, other toiletries etc. required during their quarantine period. Students should strictly confine themselves to their allotted rooms and use

allotted washroom during quarantine period. Loitering in the hostel/laundry areas will not be permitted during quarantine period.

(i) **You have to undergo a COVID test (RTPCR) on completion of the prescribed period of quarantine. You should keep a copy of Aadhar card to facilitate the testing.**

(j) Students hailing from containment zones and those who are tested positive for COVID/having symptoms of COVID will not be allowed to enter the campus.

STEP 2: Regulating the scholar entry and allotment

a) Proper verification will be done at the main gate. Upon arrival, the scholar/student should produce the confirmation mail/letter provided by the institute, COVID negative certificate and vaccination certificate (those who are administered with at least one dose of COVID vaccine).

b) Students will be screened for COVID related symptoms by the Institute Medical officials at a designated area before being allowed to enter the quarantine hostel.

c) Based on the recommendation of the medical officer, if the student/scholar is medically fit, he/she will be allowed to enter the hostel for quarantine. Otherwise, further action will be taken as per the COVID protocols and advice of the Medical Officer of the Institute.

STEP 3: Quarantine Facilitation/Allotment

a) Students to collect their "Welcome Kit" and proceed to their respective allotted quarantine hostel.

b) Students should submit an undertaking that they will follow all the institute guidelines and COVID protocol while in the quarantine and in the campus, failing which, fine or other disciplinary action will be taken as per Epidemic diseases Act, State and Central Government directives and Institute guidelines. Guests and parents will not be allowed during quarantine.

c) Since, the transit hostel rooms do not have attached bathrooms, rooms shall be earmarked for quarantine, with a condition that every room will have a dedicated bathroom and toilet allotted to that particular room.

STEP 4: Food and hygiene

Food prepared by the student's mess will be provided in the quarantined transit hostel in bulk. You are required to take the food in your personal plate. Food will be supplied in the hostel itself.

- a) Dedicated food handlers will be serving the food and the inmates should to compulsorily wear face shield, Mask, Gloves, etc. while collecting food and they should not mingle with the food handlers.
- b) All the food waste to be disposed off in the bins meant for that purpose and you have to clean your utensils properly after use, using soap and water.
- c) Students should utilise only the stairway/steps. Elevators will be disabled for Students. Elevator should be used only by food handlers/sanitation staff.

STEP 5: Moving to regular hostels

- a) Upon completion of the quarantine, RTPCR test will be conducted and the medical officer will certify the medical fitness of Students. Based on the recommendation and certification, the scholars/students will move to their existing rooms/allotted hostels.
- b) Students will be monitored by the medical staff of the Institute for a further period of 14 days after the end of quarantine period.

STEP 6: Hygiene and Sanitation:

- a) All the Students should compulsorily wear facemask, maintain personal hygiene and cleanliness. They should wash hands frequently and use sanitizer whenever required.
- b) Students should compulsorily wash and disinfect their personal belonging before moving to their regular hostels.

Procedures/Precautions to be followed during home quarantine/Institutional quarantine:

- The door to the room should be kept closed at all times.
- All windows should be kept open.
- The quarantined Students should not come out of the designated rooms.
- Meals will be served at the door of the quarantined room. The Students may ensure that they do not come into direct contact with the person who is serving the meals.
- If unavoidable, contacts should be made with the person under quarantine and a care giver (if any), it should be done by ensuring safe precautions like wearing mask by both, wearing gloves by caregiver, maintaining maximum social distance and hand sanitization both BEFORE and AFTER each essential contact.

- Wash hand as often and thoroughly with soap and water or with alcohol-based hand sanitizer.
- Food waste/any other waste to be disposed off properly in the dust bin kept outside the respective rooms.
- Bathrooms assigned to the concerned rooms only are to be used. They should not touch the door knobs of other rooms/bathrooms unnecessarily.
- Wear a reusable mask whenever possible.
- Reusable masks should be washed and dried properly before re-use.
- Maintaining social distancing (2 meters), frequent hand washing and wearing masks are mandatory.
- If any symptoms appear (cough/fever/difficulty in breathing)/medical emergency, he/she should immediately inform the health centre or **call 0471 2778144**.
- No visitors should be allowed near the quarantine facility. No other Students should enter the rooms/hostel area.
- If anyone violates the criteria, he/she will be moved to Government run quarantine centre.
- In case the person being quarantined becomes symptomatic, all his close contacts will be home quarantined (for further 14 days) and followed up for an additional 14 days or till the report of such case turns out negative on lab testing.
- Psychological support will be provided by the Institute Psychiatrists/Psychologists through phone/email/online.
- Sanitary workers must use separate set of cleaning equipment for toilets (mops, nylon scrubber) and separate set for sink and commode. They should always wear disposable protective gloves while cleaning toilets
- All indoor areas should be mopped with a disinfectant with 1% sodium hypochlorite or phenolic disinfectants. Always use freshly prepared 1% sodium hypochlorite.
- 70% Alcohol can be used to wipe down surfaces where the use of bleach is not suitable,
- Disinfect buckets by soaking in bleach solution or rinse in hot water.
- All food handlers inside the quarantine hostel should wear face mask, face shield, hand gloves compulsorily.
- All disposable PPE should be removed and discarded after cleaning activities are completed.
