

COLOURS OF LIFE

-Manogna Bobbala

Remember? How you used to run into the courtyard to look at the seven colours of the rainbow on those sunlit rainy days? Now imagine if there were no colours....a black and white rainbow!

Fortunately, life is colourful.

The joy that one gets looking at the shimmering green fields, the serenely running blue rivers, the pink of a baby's cheek, the reddish orange of sunsets, the yellow of the sunflower, the black of darkness, the blue of a kingfisher, the white of the snow....it's just inexpressible!

People have always associated various colours with different states of mind. Red is the colour of danger, passion and blood. It invokes strength and power. Incidentally, red is the colour of war and happiness as well! Green is the colour of nature. It signifies freshness and enthusiasm. Also, in some cultures green stands for envy and jealousy. Blue is for happiness, calmness...and also for sorrow. White reflects peace and purity. Yellow makes one feel warmth, but it is also the colour for cowardice. Violet is the colour of grandeur and royalty. It is also for mystery. Orange motivates one's creativity and symbolises ambitions. Black is for nullity, for unknown absoluteness. Every colour reflects one or another human emotion. It may signify positive and negative sentiments at the same time.

Colours need not always be related to one's visual perception. Poets love to use colours of emotions in their work. They instil happiness, sorrow, worship, anger, faith, pain and what not! These are also the colours of life....you may not see them but you can always feel them.

These colours have the power to change one's day. They can influence our mood. Looking at bright fresh colours makes the ambience light and cheerful. That's why one takes bright flowers to cheer up patients in the hospital. Also, dull colours can depress one terribly. The dull grey of a cloud-laden day makes one lazy and sad. Such is the irrefutable impact of colours.

The beauty of life is incomplete without the colours it has. Probably, this is the reason why our great ancestors started celebrating Holi-the festival of colours.

So, the next time, you get even an instant to stop, look around, and life will be speaking to you through its colours !

